



FOR IMMEDIATE RELEASE

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Oakland Family Services Makes Treatment Top Priority in Adolescent Health

PONTIAC, MI- Oakland Family Services (OFS) is addressing the urgent need for adolescent substance abuse treatment services by offering a comprehensive specialty program aimed at helping youth ages 13 -19 reduce and eliminate use of drugs and alcohol.

OFS' Adolescent Substance Abuse Treatment Program works to improve the lives the youths through substance abuse treatment and education, as well as offering a continuum of care that reaches the entire family, including individual, group and family sessions. The treatment approach targets early intervention through enhanced outpatient services and provides basic substance use/abuse education, including more intensive services covering relapse prevention planning and skill enhancement, mood management and addressing peer support groups and issues.

"OFS provides a unique program to the community" states Jaimie Clayton, Director of Behavioral Health Operations. "Adolescent substance abuse is now viewed as a national health crisis, and we are on the cutting edge of providing evidence-based treatment to this important population. It used to be that just 'bad kids' used substances, now the availability and exposure to a wide range of drugs and alcohol leaves all of our kids at risk."

OFS' Master Level Clinicians are specially trained in providing substance abuse treatment and mental health services to adolescents. Skilled therapists who specialize in working with parents and families of youth with substance abuse problems are also available, as OFS views substance abuse and addiction as a family problem.

The Adolescent Substance Abuse Program is available at the Berkley, Pontiac and Walled Lake locations of Oakland Family Services. OFS accepts most insurance, provides a sliding fee scale when appropriate and has a variety of grant funding available, including United Way, Oakland County Office of Substance Abuse, Center for Substance Abuse Treatment/Department of Health and Human Services.

Oakland Family Services is a private, nonprofit, human service agency that provides prevention, education, support and treatment programs to families and individuals throughout Oakland County and southeastern Michigan.

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